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**July 22, 1999**

Jane Henney, M.D.  
Commissioner, FDA  
5600 Fishers Lane, Room 1471  
Rockville, MD 20857

**Dear Commissioner Henney:**

**I am urgently in favor of the FDA promptly approving claims filed for saw palmetto and the symptoms of BPH.**

**A few years ago I experienced the usual symptoms of BPH (I am now 71). I went to my doctor. BPH confirmed. I was put on Proscar. Nothing. It got worse. I thought I was going to have to start wearing a bag.**

**The doctor took me off Proscar after 6 months since it was doing no good and recommended that I see a urologist. Meanwhile, my partner, who was already using saw palmetto, recommended that I try it.**

**I did - with dramatic results. The problem not only stopped its rate of increase, it got better over months to the point that now I am almost normal. I will never be normal because of the enlargement but its efficient again, pain free, my PSA is within acceptable limits and on two pills a day, I am fine. The problem, I believe, is behind me. There is no question that for at least some BPH sufferers, saw palmetto is as effective, or more effective, as the drugs currently on the market. And no side effects.**

**Very truly yours,**



**Roy Baylinson**

RB/mw

cc: **Health & Healing**

99P-3029

C74

CROSS FILE SHEET

File Number: 99P-3029/c74

See File Number: 99P-3030/c74